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ONLINE PROGRAMMING

SUPPLY LIST

*January 2020*

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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **All Activities Require Youth to Sign Up in Advance!** | Image result for instagramImage result for facebook | A screenshot of a cell phone  Description generated with high confidence | Image result for fcss logo | A close up of a sign  Description generated with very high confidence | 1  New Year’s Day!  Centre Closed  Party hat | 2  CLOSED |
| 3  **AGES 11-17**  **\*Activities are subject to change without notice\*** | 4  2 Cups of Vanilla Yogurt  1 cup of Granola  8 Blackberries or Blueberries | 5  1 lrg Freezer bag  Sharp Pencil (7 or 8)  Water  Old cloth for clean up | 6  No Supplies Needed | 7  3 lemons sliced  per person | 8  No Supplies Needed | 9  A Skateboard or  Scooter |
| 10  **#102- 1201 Kingsway Avenue Medicine Hat**  **403-528-8068** | 11  1 tortilla  2 Tbsp of Hummus  1 Lettuce Leaf  ¼ cup of Shredded Carrot  4 Cucumber/Avocado Sticks  1 tbsp of Salsa  Handful of Grated Cheddar | 12  A Bowl  ½ cup of Milk  Dish Soap  Cotton Swab  Food Coloring  Pepper (Optional) | 13  No Supplies Needed | 14  Chopsticks  Can of Baked Beans  2 Bowls | 15  No Supplies Needed | 16  Dress Up like a Star Wars Character and Act Out Your Favorite Scene |
| 17  **CLOSED** | 18  2 pkgs of Cream Cheese  2 cups of Frozen Whipped Topping (Thawed)  1 cup of White Sugar  1 Tsp of Vanilla Extract  1 can of Apple Pie Filling  1 prepared Graham Wafer Pie Crust | 19  Liquid Starch  Iron Filings (Powder)  Elmer’s Glue  Parchment Paper  Written on Paper directions for DIY Compass  A Sewing Needle | 20  No Supplies Needed | 21  A Couple of Eggs  Materials to Make a Holder for Egg | 22  No Supplies Needed | 23  Socks  Felt Markers |
| 24  **CLOSED** | 25  10 Paper Roll Rice Paper  1 Medium Apple  ½ Mango, 5 Mint Leaves  1 Medium Peach  1 Medium Kiwi  4 Medium Strawberries  !/2 lime,2 Tbsp of Honey | 26  Gummy Worms  1 cup of Warm Water  1 cup of Vinegar  3 Tbsp of Baking Soda  A Spoon  Clear Tall Glass  Scissors/Knife | 27  No Supplies Needed | 28  5 Different Jars of Baby Food | 29  No Supplies Needed | 30  Dress Up like Harry Potter Characters and have your Wands |